

# Model for Improvement Guide

The Model for Improvement is a tool for developing, testing and implementing change.

The Model consists of two parts that are of equal importance:

1. The 'thinking part' consists of Three Fundamental Questions that are essential for guiding your improvement work.
2. The 'doing'/'testing' part is made up of Plan, Do, Study, Act (PDSA) cycles that will help you test and implement change.

This Guide will take you through the following steps:

- **Step 1 The 3 Fundamental Questions**
- **Step 2 PDSA cycle**

## Step 1. The 3 Fundamental Questions

### 1. What are we trying to accomplish?

*By answering this question you will develop your GOAL for improvement*

### 2. How will we know that a change is an improvement?

*By answering this question you will develop the MEASURES to track the achievement of your goal*

### 3. What changes can we make that will lead to an improvement? – list your small steps/ideas

*By answering this question you will develop the IDEAS that you can test to achieve your goal*

Idea

Idea

Idea

Other Ideas

\*Note: Each new GOAL (1st Fundamental Question) will require a new Improvement Model Guide

## Step 2. Plan-Do-Study-Act cycle

You will have noted your IDEAS for testing when you answered the 3<sup>rd</sup> Fundamental Question in step 1.  
You will use this sheet to test an idea.

### IDEA

*Describe the idea you are testing: refer to the 3<sup>rd</sup> Fundamental Question*

PDSA cycle number \_\_\_\_\_

**PLAN** - What, who, when, where, predictions & data to be collected.

**DO** - Was the plan executed? Document any unexpected events or problems.

**STUDY** - Record, analyse and reflect on the results.

**ACT** - What will you take forward from this cycle? (What is your next step/PDSA cycle)

**Repeat Step 2 for other ideas**